

Monthly Report

Webinar and mentorship to the CHILD trainees in South Asia

Date: May 29, 2019

Time: 6AM – 7AM EST USA

Type of Meeting: Webinar

Frequency: Monthly

Organizer:

Dr. Hendree Jones

Agenda Items:

1. Welcoming Remarks
2. Didactic presentation on attachment based parenting
3. Case study from Afghanistan
4. Q&A
5. Discussion
6. AOB

Discussion

Dr. Jones welcomed participants and thank everyone for joining the webinars. She briefed participants on agenda for the webinar. She added that today we will have a didactic presentation on attachment based parenting and a case study.

Didactic presentation

Dr. Hendree Jones presented on attachment based parenting where she talked about the history of attachment theory and insisted on the importance of secure attachment. Four styles of attachment are well described and the relationship between non secure attachment and substance use was highlighted. The presenter elaborated that how trauma and neglect will affect the developing brain of a child. Parenting interventions and how these interventions have changed outcomes in the UNC-Horizons program was presented based on score of parenting stress scale. Triple P (Positive Parenting Program) was described and 5 step to positive parenting were elaborated:

1. Create a safe, interesting environment (keep children busy so that they do not misbehave; give them access to interesting, safe activities)
2. Have a positive learning environment (praise children when they do things you like; be affectionate; speak nicely; share your experiences with them)
3. Use assertive discipline (set clear rules, be consistent, and use age-appropriate consequences; praise good behavior).

4. Have realistic expectations (don't expect more or less than your kids are capable of doing, and remember that everyone makes mistakes- no one is perfect).
5. Take care of yourself as a parent (talk to other parents, exercise, take breaks, etc.)

At the end of the didactic presentation participants were given the chance to ask questions and Ms. Sadia from Pakistan asked about Triple-P that what triple-p stand for and the presenter respond that triple-p stand for Positive Parenting Program.

Case Study presentation

Subor Momand presented a case of 14 years old boy who recently completed his residential treatment in one of the treatment center in Kabul, Afghanistan. During childhood, this child was separated from his biological mother and grow up with his stepmother and according to his history attachment of stepmother and child was not good. He was younger when he started selling plastic bags in street market and by making new friends on the street he started selling drugs. Finally he himself started using drug. He was 10 years old when he started using drugs and tried many kind of drugs such as cigarette, snuff, opium, heroin, cannabis, Shisha, Alcohol and Tablet-K. The child was really aggressive. After being in treatment center for 6 months his behavior has changed and rejoined the family.

Some challenges comes from the treatment center were that children who use stimulant such as Shisha/Meth and Tab.K are violent and aggressive compared to clients who only using opiates. Using opioids and Stimulant is a new trend in clients.

Discussion: Participants in the webinar discuss that using opioids and Stimulant is a new trend in clients. Dr. Amjad from Pakistan confirmed that he also saw such clients in his clinical practice.

Q&A:

Dr. Amjad asked about sexual abuse history of child

Dr. Jones asked about relationship between father and child and education history of child.

Subor Momand contacted the treatment center and find out that child had history of sexual abuse and child never went to school.

AOB

- Ms. Sadia will send that how many children has received services after they completed the CHILD Curriculum training.
- Mr. Sanullah Rathor said that they provided services to around 200 children but will send the exact number by e-mail.
- Ms. Sadia will present a case in the month of June 2019
- Dr. Jones will present MI techniques
- Dr. Amjad suggested to improve sound system by muting participants during presentation and he suggested to share topic of presentation in advance.

Highlights

- ❖ Didactic presentation was on attachment based parenting which was very well presented by Dr. Jones and participants asked questions about the topic.
- ❖ A case was presented from Afghanistan by Dr. Abdul Subor Momand and discussed the emerging drug use among children.
- ❖ Ms. Sadia will send that how many children has received services in their center after they completed the CHILD Curriculum training.
- ❖ Mr. Sanullah Rathor said that they provided services to around 200 children but will send the exact number by e-mail.
- ❖ Ms. Sadia will present a case in the month of June 2019
- ❖ Dr. Jones will present MI techniques in the month of June 2019
- ❖ Dr. Amjad suggested to improve sound system by muting participants during presentation and he suggested to share topic of presentation in advance.

End