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Community based Prevention Programme- Obesekarapura

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The Preventive Education and Training Unit of the National Dangerous Drugs Control Board, Sri Lanka organized and implemented the *Sahakampana (Empathy)*- community-based prevention programme on 15th February 2020 in Obesekarapura, Colombo which is identified as one of the high-risk areas among the increased prevalence of drug abuse in the country.

Programme goal was to empower children and youth to stop from the beginning and using drugs and support them towards a healthy lifestyle. To achieve that goal programme aims to enhance the substance abuse prevention knowledge and skills of the community towards a healthy lifestyle.



Opening Ceremony

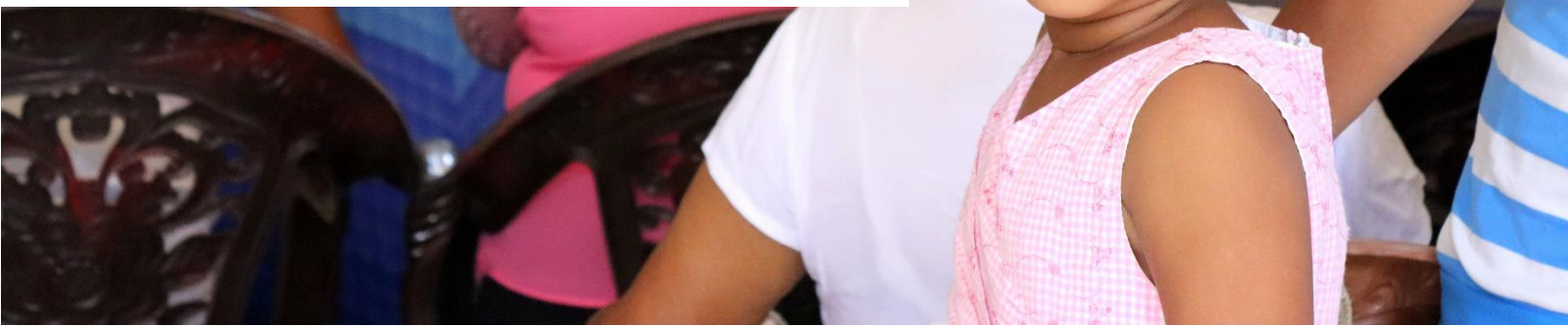


Opening Ceremony was commenced at the Siriperakum College premises with the participation of distinguished guests representing service providing organizations to the community. The Ceremony was graced by the Director-General of the National Dangerous Drugs Control Board (NDDCB)- S. Aloka Bandara, senior assistant secretary to the Ministry of Defense- Ms. Sakunika D Sumathipala, assistant secretary to the Ministry of Defense- Ms. Suvineetha Gunasekara and other distinguished guest representing Department of Excise, Department of Ayurveda, Divisional Secretariat Office, Medical Officer of Health Office, Urban Council, Principles of the Schools, LOLC Pvt Ltd, Browns Groups, CBL Pvt Ltd and the Mobitel e-channeling.



Programme for Children

Two programmes for children that delivered targeting early and late adolescents were conducted by preventive professionals of the NDDCB to provide preventive education based on personal and social skills. At the end of the programme children's society was formed to continue the preventive activities throughout the year 2020.





Parenting Skills Development Programme

In line with the children's programme, parent's skill development programme was conducted by the professionals of the Preventive Education and Training Unit of the NDDCB. Programme covered the following topics to uplift the quality of parenting in the community

- Enhancement of family bonding
- Setting rules and monitoring free time
- Friendship patterns
- Involving in the child's educational experience

At the end of the programme parent's society for drug prevention was formed and responsibility handed over to the community to implement activities to prevent drug abuse with the support of government organizations who closely work with them.



Fun Activities for Children

At the end of the awareness sessions, fun activities were organized for children to enjoy the day





Health Camp

To mobilize the community and as a promotion strategy health camp was organized for adults. Medical doctors, Ayurveda doctors, psychological counselors and scientific officers provided their service to the people in need.



Thank You



Preventive Education and Training Unit extends gratitude to all the parties contributed to organizing a successful event for community in Obesekarapura.











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End of the Report