



2019

Annual Report

Sujatha Daruwo

Introduction

Prevention strategies based on scientific evidence working with families, schools, and communities can ensure that children and youth, especially the most marginalized and poor, grow and stay healthy and safe into adulthood and old age. For every Rupee spent on prevention, at least ten can be saved in future health, social and crime costs.

Preventive Education and Training Unit of the National Dangerous Drugs Control Board was instructed by the chairmen of NDDCB to make new improvement to meet the necessities of outside people that involving with drug problems as well as other enumerator deviation.

Effective drug abuse prevention programmes assist to acquire the knowledge and develop the attitudes and skills to avoid drug abuse. A range of activities that maintain a balance between accurate, easy to understand information; exploration of their own as well as others values and attitudes; and opportunities to learn and practice special skills, should be selected.

National Dangerous Drugs Control Board in Collaborating with Mahaweli authority conduct the sujtha daruwo program since 2016.

Major objective the program is to change the attitude and improve and behaviors of the people towards a drug free life and improve the health and wellness of the people in mahaweli systems.

We are pleased that sujatha Daruwo Volunteer Community leaders of the program are reaching their goals in a great success.

Budgeted and Organized by

Mahaweli Authority of Sri Lanka.

Conducted by

National Dangerous Drugs Control Board,
Preventive Education and Training Unit.

- Ms. Priyadarshani Rathnayaka
- Mr. Chamara Pradeep Karunathilaka
- Mr. Suchinthana Dasun
- Mr. Supun Udana

Vision, Goals and objectives

Vision

- Drug Free Mahaweli

Goals

- To avoid drug use of the people in their own villages/areas
- Reduce the demand for the substances in village/area
- To Educate teenagers on truth about drugs
- To Make an Active Drug Prevention work force in the area

Objectives

- Make an action plan to drug prevention activities in the area.
- Arrange and Conduct Drug Prevention awareness programs in the area
- Conduct drug prevention activities (Campaigns) in the area.
- Build a supportive group in the village for drug prevention.

Method

The learning approach for the training series included

Trainer-led presentations and discussions

Frequent use of creative learner-directed activities, such as small-group and partner to- partner interactions

Small-group exercises and presentations

Reflective writing exercises

Skills role-plays

Periodic reviews to enhance retention; and

Learning assessment exercises.



Structure of the Training Programme program (Syllabus)

Table Num.01 - Day two

No.	Topics	Time
01	Registration and introduction	08.30 a - 08.45 a
02	Pre Test	08.45 a – 09.00 a
03	myths about drug use and effects of drug use	09.00 a – 10.30 p
04	Tea Break	10.30 a - 10.45 a
05	Science of Addiction (Activity based)	10.45 a – 12.30 p
06	Lunch	12.30 p – 01.30 p
07	Social Stigma (Activity based)	01.30 p – 03.00 p
08	Tea Break	03.00 p – 03.15 p
09	Recovery Capital(Activity based)	03.15 p – 04.30 p

Table Num.02 - Day three

No.	Topics	Time
01	Recap Day one	08.30 a – 08.45 a
02	Drug law	08.45 a – 10.30 a
03	Tea Break	10.30 a – 10.45 a
04	Communication skill Development	10.45 a – 12.30 p
05	Lunch	12.30 p – 01.30 p
06	Introduction about the family (Activity based)	01.30 p – 03.00 p
07	Tea Break	03.15 p – 03.30 p
08	Substance abuse: characteristics and consequence (Activity based)	03.30 p – 04.00 p

Table Num.02 - Day Four

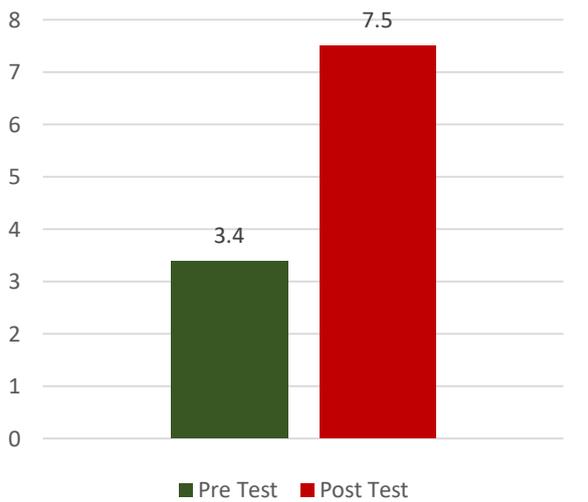
No.	Topics	Time
01	Recap Day two	08.30 a – 08.45 a
02	Substance abuse: characteristics and consequence (Activity based)	08.45 a – 10.30 a
03	Tea Break	10.30 a – 10.45 a
04	Substance abuse: characteristics and consequence (Activity based)	10.45 a – 12.30 p
05	Lunch	12.30 p – 01.30 p
06	Discussion – (SWOT Analyze and Making Action Plan)	01.30 p – 03.00 p
07	Tea Break	03.15 p – 03.30 p
08	Post test	04.00 p – 04.10 p

Program Evaluations in Eight Systems

All participants of the training faced a pre- test at the beginning of the programme and post- test at the end of the programme which was helpful to measure the effectiveness of the training. Results of pre- test and post- test are mentioned below as an evaluation of the training.

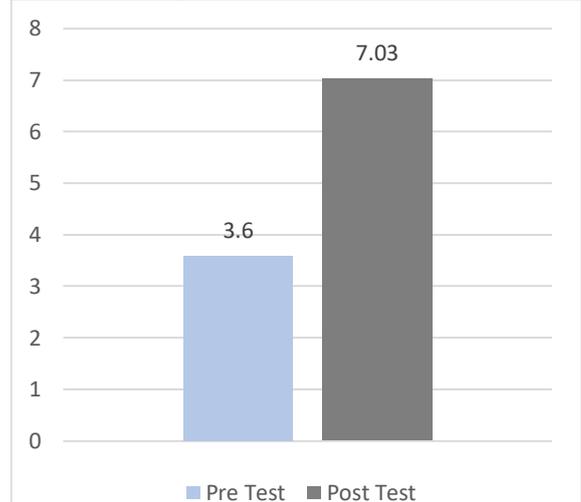
System Rambakanoya

	Pre - Test	Post - Test
Average	3.4	7.5
Progress	220.6%	



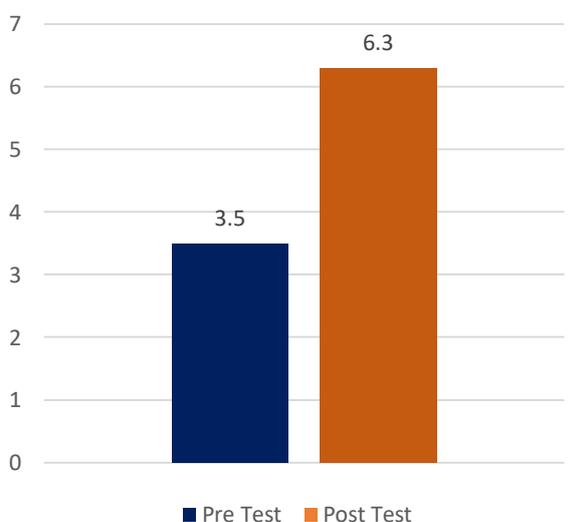
System E

	Pre - Test	Post - Test
Average	3.6	7.03
Progress	195.3%	



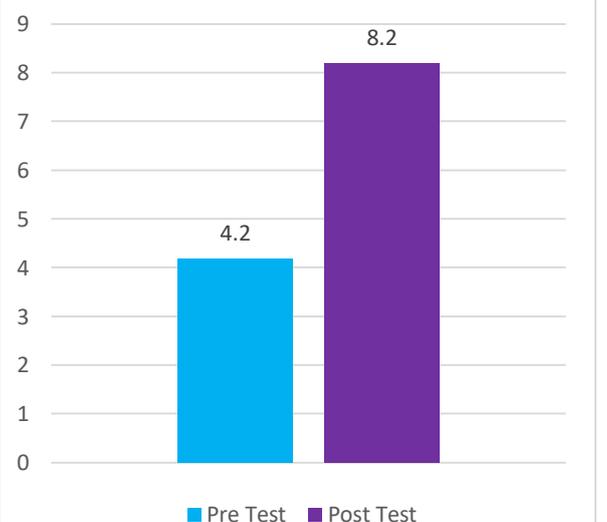
System Waliyoa

	Pre - Test	Post - Test
Average	3.5	6.3
Progress	180%	



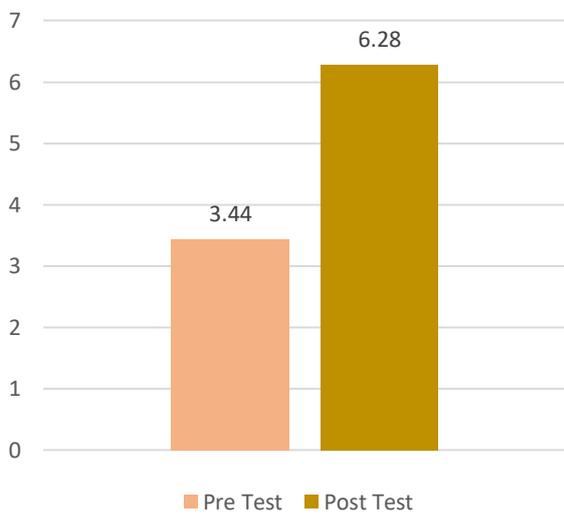
System C

	Pre - Test	Post - Test
Average	4.2	8.2
Progress	195.2%	



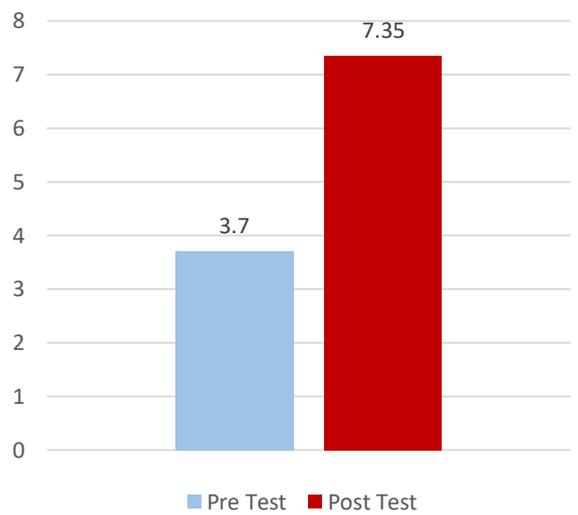
System Walawa

	Pre - Test	Post - Test
Average	3.44	6.28
Progress	182.5%	



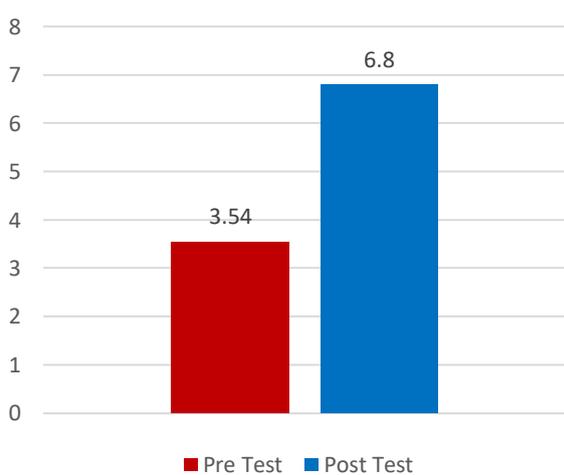
System B

	Pre - Test	Post - Test
Average	3.7	7.35
Progress	198.6%	



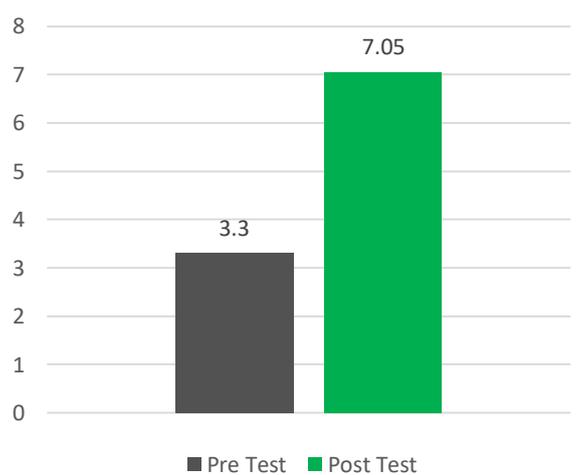
System Huruluwewa

	Pre - Test	Post - Test
Average	5.1	7.2
Progress	141.2%	



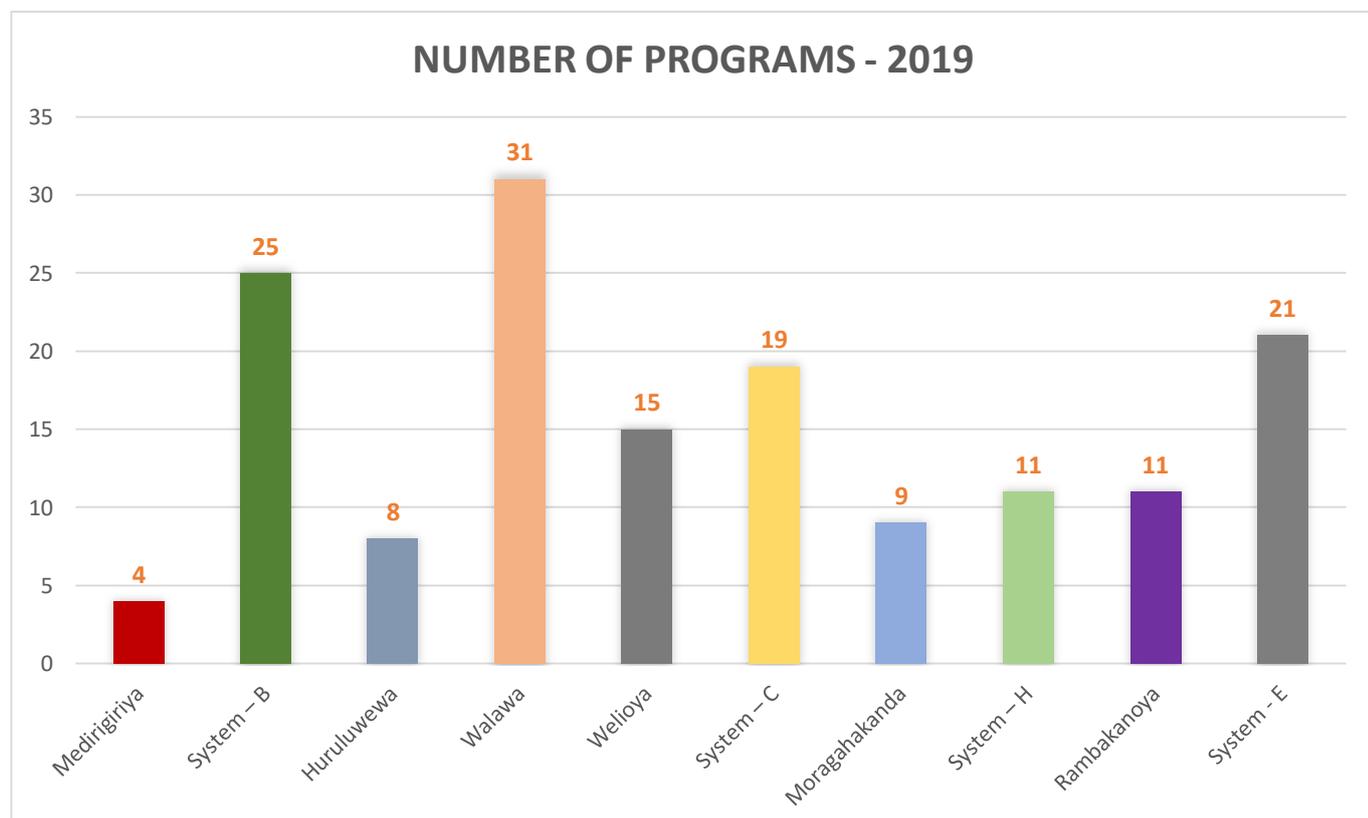
System H

	Pre - Test	Post - Test
Average	3.3	7.05
Progress	213.6%	



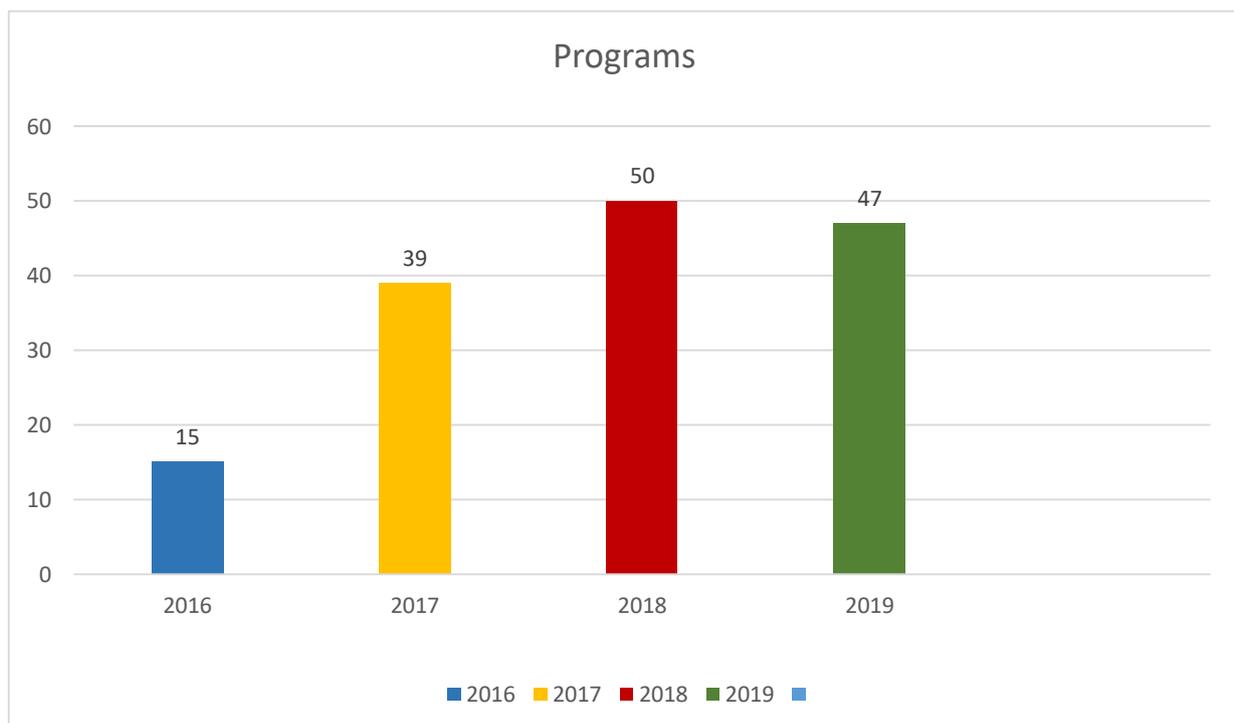
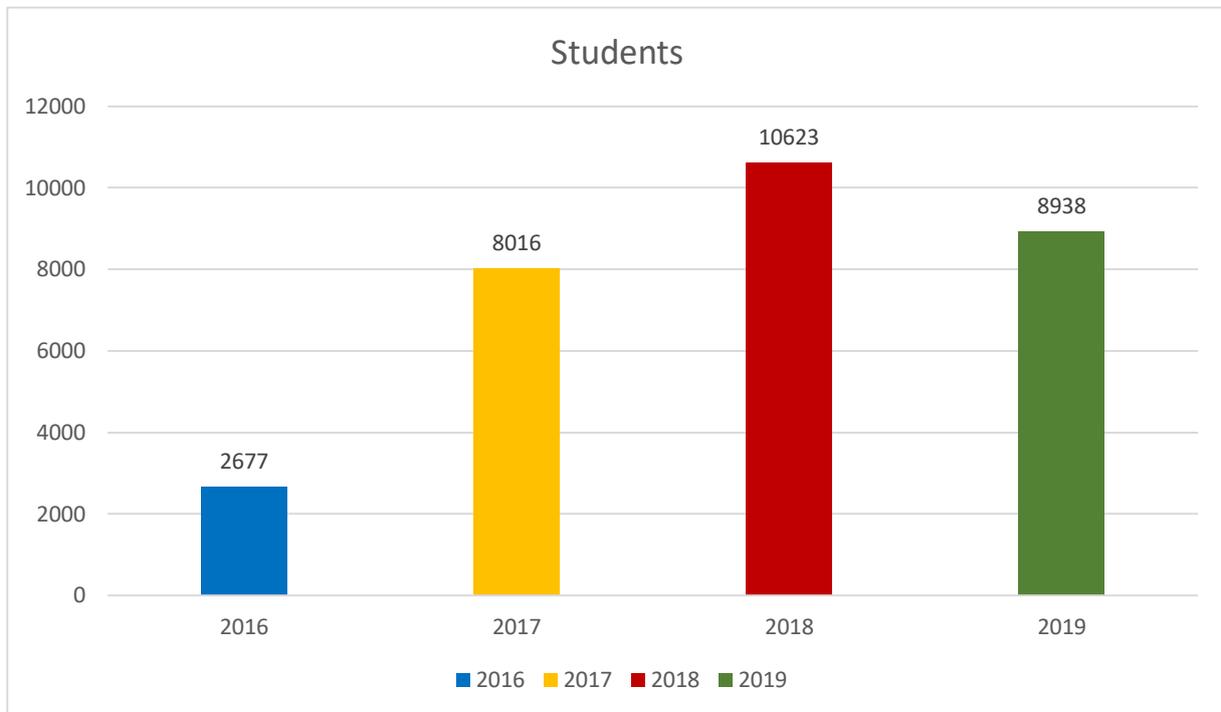
Drug Prevention Awareness Programs in 2019 with NDDCB

System	School		Commun.		Govern. officers		Vocational Students		Total	
	Nu. Pro	Nu. Par	Nu. Pro	Nu. Par	Nu. Pro	Nu. Par	Nu. Pro	Nu. Par	Nu. Pro	Nu. Par
Medirigiriya	-	-	03	461	01	130	-	-	04	591
System – B	09	1535	14	2108	02	593	-	-	25	4236
Huruluwewa	04	398	03	363	-	-	01	105	08	866
Walawa	09	2070	13	576	01	50	08	859	31	3555
Welioya	-	-	09	492	06	362	-	-	15	854
System – C	03	530	14	1143	01	130	01	66	19	1869
Moragahakanda	-	-	09	1043	-	-	-	-	09	1043
System – H	01	100	08	1162	-	-	02	105	11	1367
Rambakanoya	09	2100	02	150	-	-	-	-	11	2250
System - E	12	2205	05	510	02	180	02	490	21	3385
Total	47	8938	80	8008	13	1445	14	1625	154	20,016



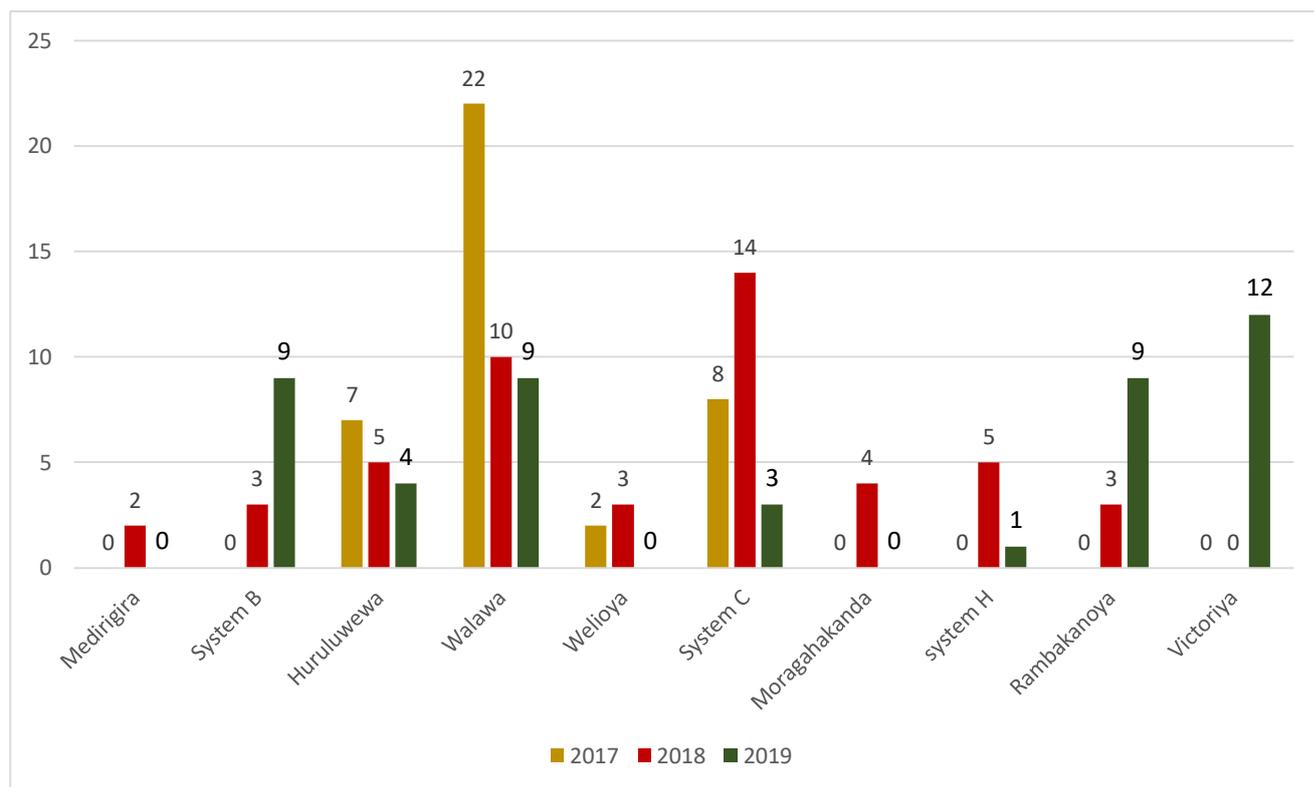
School Programs Contacted with NDDCB - 2019

		Year				Progress %
		2016	2017	2018	2019	
01	Number Of Students	2677	8016	10623	8938	84.13%
02	Number of Programs	15	39	50	47	94%

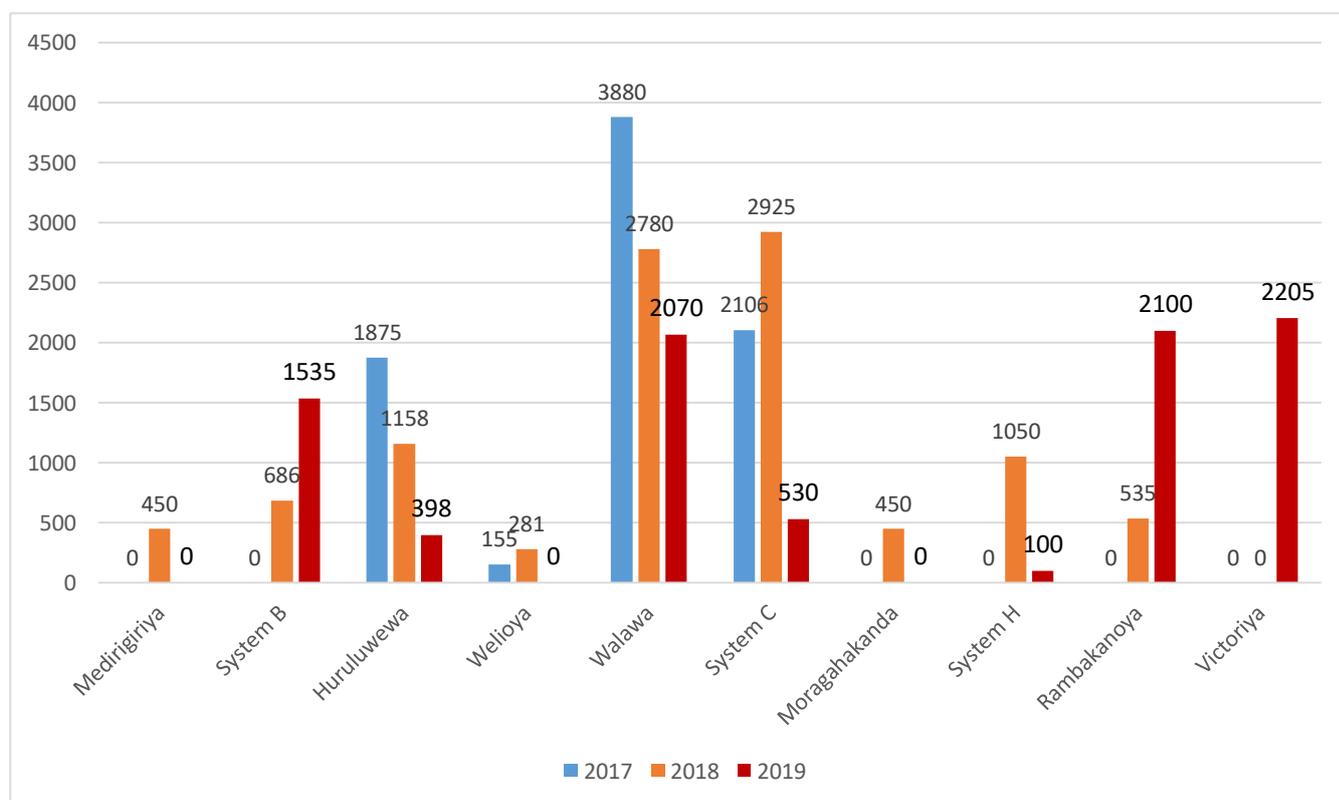


Drug Prevention School Programs conducted in Systems (System Vice) - 2019

Number of programs conducted in Systems 2019.



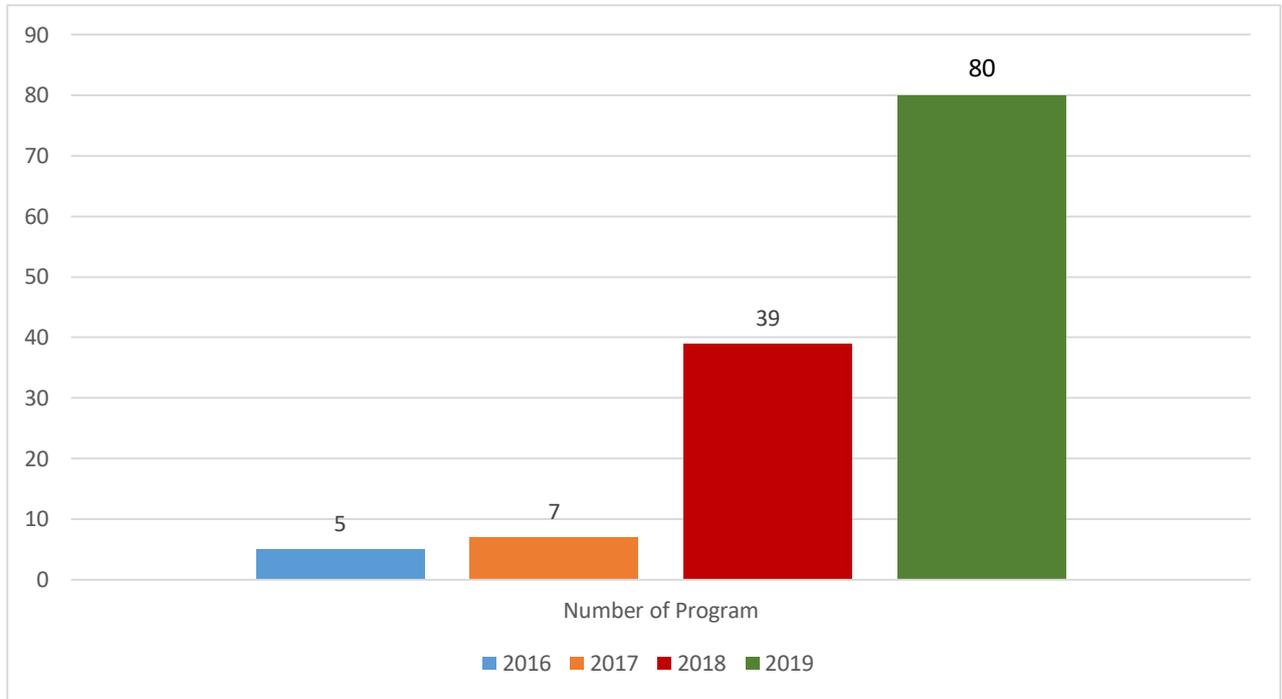
Number of students participated in systems.



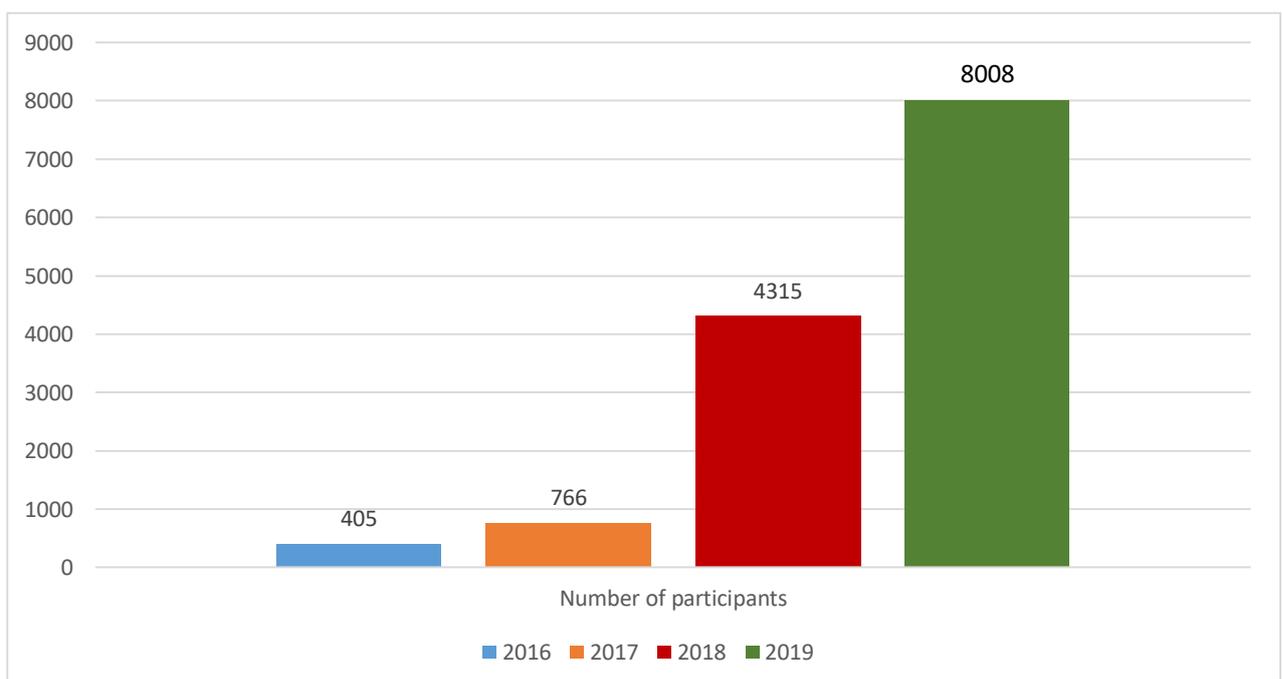
Community Programs Conducted with NDDCB – 2019

		Year				Progress %
		2016	2017	2018	2019	
01	Number of Programs	05	07	39	80	205.1%
02	Number of Students	405	766	4315	8008	185.5%

Number of Community programs – 2019

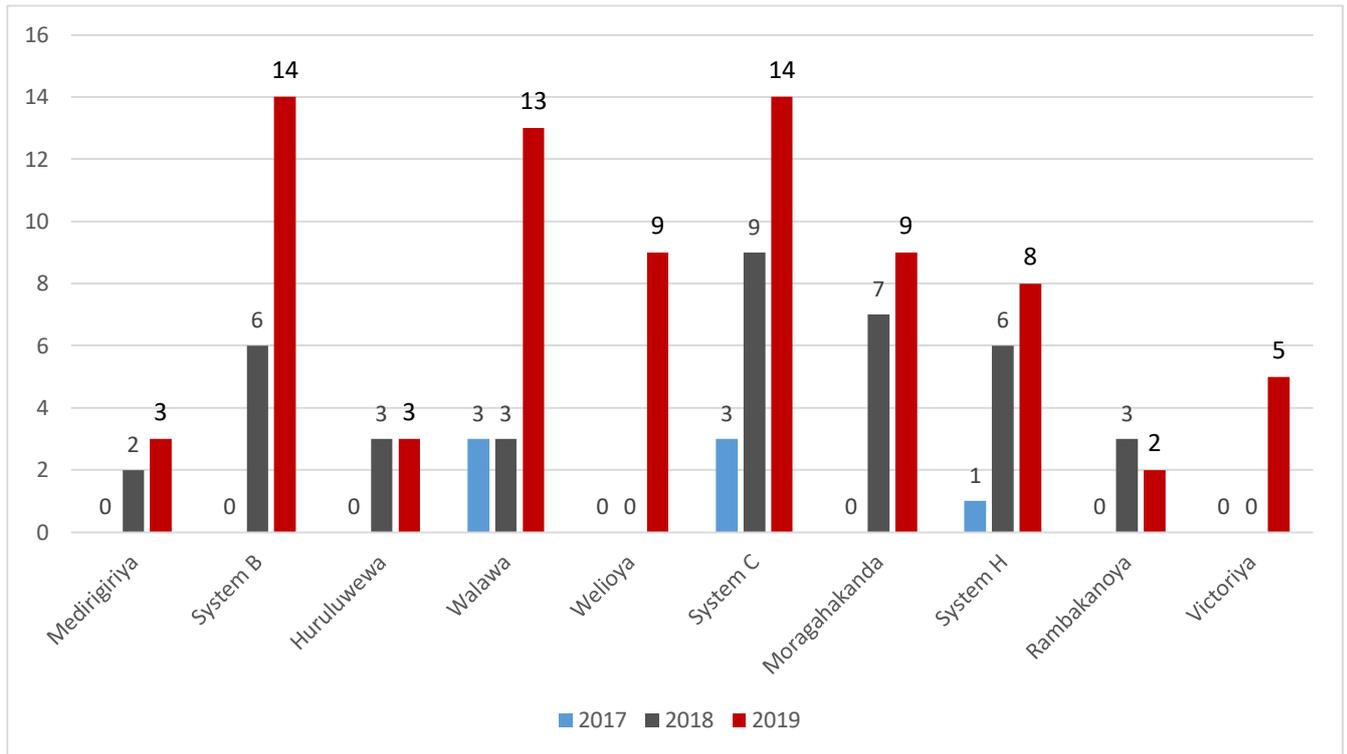


Number of participants in community programs – 2019

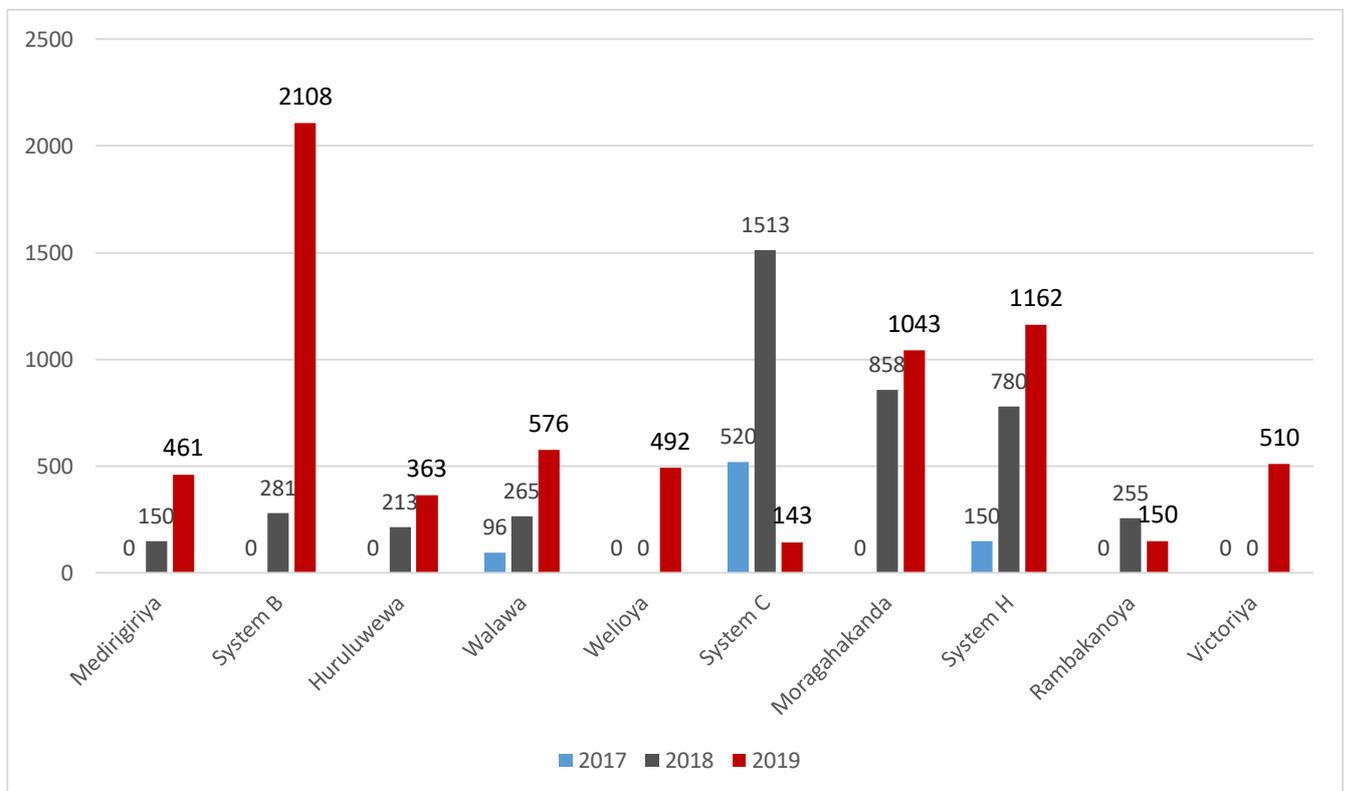


System vice Community programs (Farmers Associations / Community) Conducted in Mahaweli System According to “ Sujatha Daruwo – 2019 “ Program

Number of Community Programs Conducted in systems – 2019 (Compression with last three years)



Number of Participants participated in systems – 2019 (Comparison with last three years)



Vocational Training Students Awareness Programs Conducted with NDDCB - 2019

Number of programs	Number of participants
14	1595

Government Officer's awareness programs Conducted with NDDCB - 2019

Number of programs	Number of participants
13	1445

Parent's Awareness Programs Conducted with NDDCB - 2019

Number of programs	Number of participants
05	524



Special Events

World Children's day celebration

NDDCB organized - 2019 world Children's day at Dehiwala Zoological Garden. Mahaweli System E Sujatha Daruwo Team joined with NDDCB for the Event.



System E Magazine Launch, 2019 - December

