



Training Report

Common Co-Occurring Mental and Medical Disorders - An Overview for Addiction Professionals (UTC Course - 03)

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Executive Summary

Psychoactive substance use and substance use disorders (SUDs) remains remain to be a major problem around the world. Which is negatively effect on global health and social and economic functioning. Though people who suffer from SUDs must receive treatment, the number of who actually get treatment is very low as well as non-quality of the treatment they receive is another crucial problem. Therefore enhancing of the quality of treatment is very important. One of the best solution to the above problem is to develop treatment staff's capacity by providing training to evidence-based practices.

Preventive Education and Training Unit of the National Dangerous Drugs Control Board (NDDCB) organized and conducted training on Common Co-Occurring Mental and Medical Disorders – An Overview for Addiction Professionals (UTC – 03) for 34 officers of the NDDCB which was held on 11th, 12th and 22nd of July 2023 at Auditorium of Thalangama Treatment Center - NDDCB.

In selecting officers for the workshop, criteria were considered, such as having worked in the field of drug prevention and treatment for more than two years, or at least a basic degree. Two weeks before the training, they were given initial notice and a WhatsApp team was formed to provide them with the information they needed to prepare. The organizing team had also made arrangements to provide Food, refreshments and other basic necessities were also provided to each trainee.

Training was provided by UTC certified trainers and the curriculum was provided free of charge by the Colombo Plan Secretariat and the initial cost was borne by the US State Department.

Post-test of the training showed that the trainees had made significant progress in their knowledge, skills and attitudes through the training. Pre-assessment tests and post-evaluation tests were used for this and each test was performed very reliably online.



INTRODUCTION

Preventive Education and Training Unit of the National Dangerous Drugs Control Board (NDDCB) organized and conducted training on Common Co-Occurring Mental and Medical Disorders – An Overview for Addiction Professionals (UTC – 03) for 34 officers of the NDDCB which was held on 11th, 12th and 22nd of July 2023 at Auditorium of Thalangama Treatment Center - NDDCB.

The training exchanged the latest techniques and knowledge used in treatment, enabling the treatment centres to provide the service and treatment programs they conduct on a more productive and scientific basis. All of these trainees were of the opinion that the knowledge, skills, and attitudes gained through this training would be of great benefit to those who are actively involved in SUB treatment services and SUD prevention.

TRAINING GOALS



Develop the knowledge about mental and medical disorders in substance use. To engage the staff to develop with scientific knowledge. In addition, it was hoped that the shortcomings of the traditional methods used in the long run would be rectified.

LEARNING APPROACH



The learning approach for the training series included

- Trainer-led presentations and discussions
- Frequent use of creative learner-directed activities, such as small-group and partner to-partner interactions
- Small-group exercises and presentations
- Reflective writing exercises.
- Skills role-plays.-Periodic reviews to enhance retention; and Learning assessment exercises.

THE TRAINING SPACE



Training space was attractive, well organized and large enough to accommodate all participants and small groups. The seating arrangement was small groups at round tables which saved significant time moving into and out of small groups for the exercises.

Soft music was played appropriately throughout the training programme.

PANEL OF TRAINERS



Pradeep Kohlanegedara ICAP I
Head of the Education and Training Division of the NDDCB

Priyadarshani Rathnayake ICAP I

Chamara karunathilaka ICAP 1

Suchinthana Dasun (ICAP1)

W. G. Supun Udana

M. M. G. M Rashard

NAME LIST OF PARTICIPANTS

No	Name	Designation
01	Ms. Wajira A. Kumari	Assistant Director – Admin
02	Ms. Tharaka Weerakkody	Counselling Assistant
03	Mr. Amila Sheron	Counselling Assistant
04	Mr. Dulip Prasanka	Assistant Counsellor
05	Ms. S.W. Subodha Prabodi	Counselling Assistant
06	Ms. Aruni Wijekoon	Counselling Assistant
07	Ms. J.M.D.N. Jayasundara	Assistant Counsellor
08	Ms. P. H. I. Indeewari	Counselling Assistant
09	Mr. Uthpala Karunathilaka	Development Officer
10	Ms. Chandima Jayakodi	Education Officer
11	Ms. Dilhara Waragoda	Assistant Education Officer
12	Ms. Bhagya Deshapriya	Assistant Counsellor
13	Mr. Sudara Priyanath	Development Officer
14	MS. Sahangee Alwis	Education Assistant
15	Ms. Linda Anupama	Education Assistant
16	Ms. Dulshani Mahanama	Education Assistant
17	Ms. Inusha Hettiarachchi	Education Officer
18	Ms. Reifka Salih	Counselling Assistant
19	Ms. Maheshi Maduwanthi	Assistant Education Officer
20	Mr. M. M. G. M Rashard	Assistant Education Officer
21	Ms. Dilini Madhushika	Counselling Assistant
22	Ms. Jashodara Wijekoon	Education Assistant
23	Ms. Buddhima Nuwangee	Assistant Counsellor
24	Ms. Buddhi Erangika	Assistant Outreach Officer
25	Ms. Nadeeshani Peliarachchi	Counselling Assistant
26	Mr. Danushka Disanayaka	Assistant Outreach Officer
27	Ms. P. P. U. Lakmali	Assistant Counselor
28	Ms. Nilani Renuka	Research Officer
29	Ms. Badhra Kumari	Research Assistant
30	Ms. Thushari Walasmulle	Assistant Research Officer
31	Ms. Jayani Ranasinghe	Assistant Research Officer
32	Ms. Dilini Madhushani	Research Officer
33	Mr. N.G.D.S. Wijesinghe	Assistant Outreach Officer
34	Mrs. J. A. I. S. Jayakody	Education and Information Officer

TRAINING EVALUATION

The pre and post-test were to evaluate the training programme in terms of knowledge improvement of the participants.

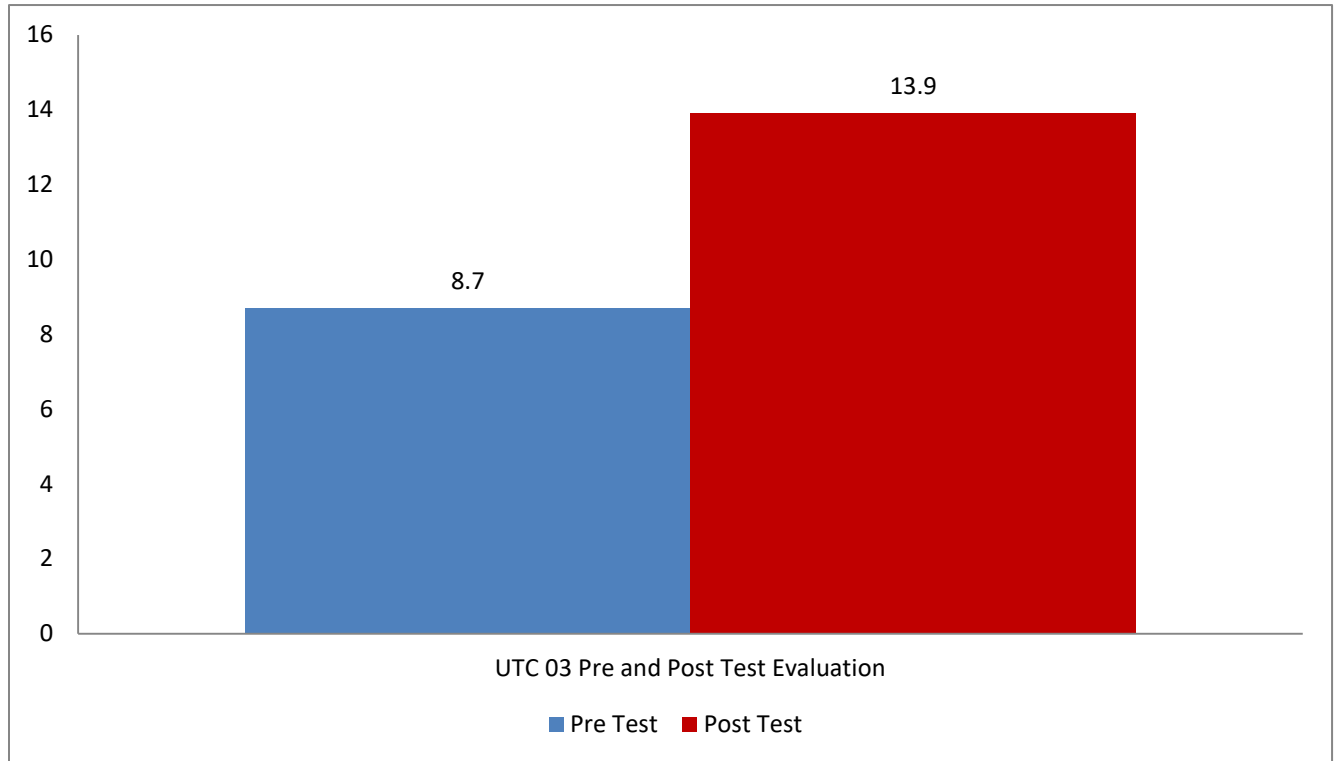


PHOTO GALLERY



